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#### **DEAR FRIENDS:**

Our theme this year, **HEALTHY FAMILIES. STRONG COMMUNITIES**, reflects our belief that healthy families are the cornerstone to creating strong communities. Our dedication to families is stronger than ever and we are proud of the achievements made over the last 105 years and during Fiscal Year 2017.

It is especially poignant to talk about family this year, because in January 2017, IWS began providing health care services to men ages 19-64. For many years, IWS staff have witnessed in our waiting rooms, the love and dedication of men to their families' health and well-being. It was important for us as an organization to treat the whole family, including dads. We are proud that the change in our operations was heartily welcomed by patients, staff, and supporters.

This historic move solidifies the IWS effort to serve the whole family by creating a healthcare home where accessible and high quality integrated healthcare services are available to the community at large.

You probably also noticed our new logo! It reflects both our illustrious legacy as the Infant Welfare Society of Chicago and the commitment to families that we show every day at the Angel Harvey Family Health Center. We hope you like the change as much as we do.

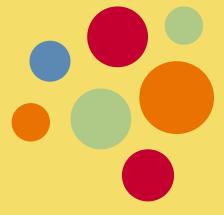
Thanks to our supporters and closest champions—the IWS Board of Directors, Auxiliary, Associate Board, community leaders, donors, and patients, WE SHOW HOW MUCH WE CARE FOR **HEALTHY FAMILIES AND STRONG COMMUNITIES.** 

Sincerely,



ELIZABETH M. HENNESSY **Board President** 

ROBIN MCGINNIS, MSW Chief Executive Officer



## CIRCLES OF CARE

For more than a century, IWS has pioneered innovative medical and behavioral health practices to serve children and families. Our mission is to provide a continuum of integrated, quality, and preventive health care services to children and their families, enabling them to lead healthy and productive lives.



- Well-child and sick care
  - Immunizations
    - School and sports physicals
      - Expert care for children with special needs
        - Health education and nutrition counseling
          - Care Coordination

### DENTAL

- Cleanings
  - X-Rays
- Comprehensive treatment
  - School forms
  - Orthodontics
- Oral health education
- Private space for children with special needs
  - Emergency treatment and consultations
    - Prenatal care

## ADULT HEALTH

- Preventive care and annual exams
- Health education and nutrition counseling
  - Chronic disease management
    - Work physicals
  - STI screenings and treatment
- Pregnancy tests at no cost to the patient
  - Contraception
  - Prenatal care

## CHAT

(Child-centered Health & Advanced Therapies)

- Occupational Therapy
- Speech Therapy
- Vision Therapy
- Social skills group
- Parent drop-in support group

## FAMILY SERVICES

- Counseling for children and families
- Child Development screenings
- Lactation consultations
- Post-partum depression referrals
- Psychiatry

### **OPTOMETRY**

- Comprehensive eye exams
  - Prescriptions for free or low-cost glasses
  - Expert care for children with special needs
  - Care for vision-related learning problems

## OUR LEGACY OF INNOVATION

In 1924, IWS incorporated child development and behavioral health counseling into the primary care model. Since 1970, pediatric dentistry services have been provided to low-income children. Orthodontic care was introduced in 1991 and pediatric optometry in 1995. In 2015, IWS launched the Child-Centered Health and Advanced Therapies (CHAT) program for children with special needs. IWS welcomed the whole family, including men, in 2017. This impressive history of bringing innovative services to children and families continues each and every day.





### **FY17 AT A GLANCE**

## 12,622 IWS PATIENTS 55,957 TOTAL VISITS

## PEDIATRICS AND **ADOLESCENT HEALTH**

- 9,247 patients under 19 years old
- 19,555 pediatric visits

### **ADULT HEALTH**

- 6,392 well-woman care visits
  - 345 male patients over 19 years old
  - 4,814 visits to the midwife
    - 6,393 reproductive health visits
    - 270 babies delivered by midwives

### **DENTAL AND ORTHODONTIA**

### **OPTOMETRY**

• 3,854 optometry visits

### **FAMILY SERVICES**

- 346 counseling patients
- 6,095 counseling visits
- 1,387 psychiatry visits
  - 187 CHAT patients
  - 1,950 CHAT visits
  - 95 Social Skills
  - **Group participants**



## A DAD'S SUCCESS STORY

Nikita Patel, D.O. talks every day with individuals and families about the risk of diabetes and how to reverse a diagnosis of pre-diabetes. This is a subject she is more than happy to talk about.

"For many of my patients, I am an acting nutritionist." Dr. Patel says, as she reflects on the dietary information and discussions about diet she has with many of her patients.

Recently, Dr. Patel helped a middle-aged husband get his uncontrolled diabetes back under control and "back to normal" after educating him about the dangers of diabetes and what he could do to prevent it.

"He was eating a high-carb diet and was not very active; he didn't know that his lifestyle was unhealthy", recounts Dr. Patel.

Dr. Patel suggested he add more fresh fruit and vegetables to his diet, reduce his carbohydrate intake, limit the amount of soda and sugary drinks he was consuming, and walk more often. By following those instructions, along with lots of follow-ups and 1:1 consultations with her, Dr. Patel's patient lost significant weight in about three months.

"I think his wife might have helped", Dr. Patel comments with a chuckle. The wonderful implication here is that patient education, consistent communication with a primary care provider, and a positive environment all create the best chances for positive changes, healthier families, and strong communities.





## ASSOCIATE BOARD

#### THE ASSOCIATE BOARD IS A GROUP OF ACTIVE AND CARING YOUNG PROFESSIONALS THAT:

- organizes events to raise awareness for IWS
- raises funds that directly benefit programs and patients
- sponsors volunteer events to provide members with fun ways to give back to the community
- · collaborates with the organization's Executive and Auxiliary Board to assist with special projects
- provides a creative, professional and social outlet for members to offer support and build awareness for the IWS cause by sharing our unique talents, experiences, and perspectives



#### **ANNUAL BACK-TO-SCHOOL EVENT**

This much-anticipated event entertains kids with games, crafts, and a bilingual musical entertainer and provides school supplies to IWS patients.

Back-to-School volunteers gave away 52 backpacks and entertained over 65 children and families in August 2017.



#### **BANK OF AMERICA CHICAGO MARATHON**

Team IWS Runners run 26.2 miles and raise money to support IWS programs and services. Supporters, family and friends gather to cheer on the committed runners.

Peter Robledo, IWS Billing Supervisor, ran the marathon and raised money for a cause that he knows well. He thanks everyone who supported his efforts. And we thank him!



#### **BAG TOSS TOURNAMENT**

This fun gathering brings people together to cap off the Day of Service in conjunction with the Back-to-School event and raises money for programs.

**Associate Board members and participants study the** competition bracket and get ready for the next round.

"As an Associate Board member, I am inspired by the work that IWS does, and strive to be an advocate for the families the clinic serves in my own community."

-PAULA RUSCA, ASSOCIATE **BOARD MEMBER AND FORMER IWS INTERN** 

**BECOME A MEMBER OF THE ASSOCIATE BOARD!** FIND OUT MORE AT IWSASSOCIATEBOARD.ORG

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#### **AUXILIARY MESSAGE**

It is such a thrill to have Auxiliary Members Minnie Sandstedt and Charlotte Shestokas being honored with the Champion for Children Award. These two women are indeed exceptional, but I am sure they would tell you that they are emblematic of all our Auxiliary members.



Minnie and Charlotte like their 600 plus counterparts from across greater Chicagoland, volunteer time, talent and treasure to enrich the lives of the patients of the Angel Harvey Family Health Center of the Infant Welfare Society of Chicago. We take the time to provide patient and neighborhood families with new and gently used coats through our Coat Drive held in conjunction with CD One Cleaners. In fact, last year we warmed over 500 children and parents with coats, mitten and hats.

We take time to organize an annual See Santa party for our young patients, to the delight of their entire family. We use our talents in fundraising to raise over \$600,000 not only from contributions made by the Auxiliary Members, but also by our families and corporate friends.

Minnie Sandstedt joined the Auxiliary in 1959, Charlotte Shestokas in 1976. As you can imagine, the Infant Welfare Society has changed tremendously since then, most recently, opening its doors to the fathers in the community. Fundraising has certainly changed, too. Minnie and Charlotte spearheaded much more elaborate affairs, featured on the society pages and bringing together over 1,500 Auxiliary members. Currently, the individual Chapters of the Auxiliary host their own unique fundraising events. But the goal has remained the same: to support the tremendous work being done by Infant Welfare.

Just as Minnie and Charlotte have embraced change, so has the Auxiliary as a whole. From our earliest days helping to supply clean milk to children at stations throughout the city of Chicago to now having eight volunteers on the Board of Directors, the Auxiliary has answered the needs of the families of Infant Welfare since 1913. As we honor two of our long-term members, we welcome new Auxiliary members each year- those that will lead us into the next 105 years. We are indeed a strong community, ready to serve the healthy families the Infant Welfare Society of Chicago has long supported.

Sincerely,

CYNTHIA SCHOLL Auxiliary President

## **AUXILIARY HIGHLIGHTS**

#### **AMBASSADORS AT LARGE**

President: Laura Moran Organized: 2009 Active Members: 15 Other Members: 1 Volunteer Hours: 422

Memorial and Honor Contributions: \$225 Contribution to Auxiliary: \$1,825

Fundraising/Special Events: Children's books donated to clinic, Coat Drive and See Santa

#### **BARRINGTON**

President: Liz Rodosky Organized: 1939 Active Members: 18 Other Members: 7 Volunteer Hours: 2,216 Contribution to Auxiliary: \$12,661 Fundraising/Special Projects: "Celebrate the Season" Holiday Luncheon, Coat Drive and See Santa

#### **CLARENDON HILLS**

President: Jessica Cooper Organized: 1948 Active Members: 42 Other Members: 39 Volunteer Hours: 4,205 Contribution to Auxiliary: \$95,000 Fundraising/Special Events: Sub-Urbanathlon Race, Vintage Charm Shop and Share, Luminaria Sales, "Light up the Night" Dinner Dance, Progressive Dinner, Kay Rose Dinner, Daisy Dash race, Bean Soup, Coat Drive and See Santa

#### **DOWNERS GROVE**

President: Sue Kennedy Organized: 1956 Active Members: 14 Other Members: 8 Volunteer Hours: 700

Memorial and Honor Contributions: \$100 Contribution to Auxiliary: \$25,000 Fundraising/Special Events: "Come Sale Away" cruise/luncheon, Coat Drive and See Santa

#### **FLOSSMOOR JUNIORS**

Liaison: Lisa Komorowski Organized: 1963 Active Members: 28 Other Members: 40

Contribution to Auxiliary: \$5,112

#### **HINSDALE**

President: Betsy Elman Organized: 1913 Active Members: 41 Other Members: 35 Volunteer Hours: 1,798

Contribution to Auxiliary: \$127,516 Fundraising/Special Events: "Tablescapes" Luncheon, Mother's Day bags, Annual Baby Shower Luncheon and Junior Board Fundraising Activities, Coat Drive and

See Santa

#### LAKE FOREST

President: Sarah Georgi Organized: 1926 Active Members: 76 Other Members: 76 Volunteer Hours: 15,756

Memorial and Honor Contributions: \$750 Contribution to Auxiliary: \$35,300 Fundraising/Special Events: "Lake Forest Showhouse & Gardens", Antique Sale, Coat

Drive and See Santa

#### LISLE/NAPERVILLE

President: Rosalyn Sue Blair

Organized: 1964 Active Members: 12 Other Members: 3 Volunteer Hours: 435

Memorial and Honor Contributions: \$240 Contribution to Auxiliary: \$5,000 Fundraising/Special Events: "Eyes to the Skies" Fourth of July Festival, Coat Drive

and See Santa

#### **MOUNT PROSPECT**

President: Mary Ann Stitak

Organized: 1955 Active Members: 20 Other Members: 4 Volunteer Hours: 3,265

Contribution to Auxiliary: \$22,000 Fundraising/Special Events: Magic Show/ Luncheon, Coat Drive and See Santa

#### **NORTH SHORE**

President: Elise Klein Organized: 1953 Active Members: 8 Volunteer Hours: 1,300

Contribution to Auxiliary: \$50,000 Fundraising/Special Events: "Cheers for Charity" at Sawbridge Studios, Mother's Day Card Making, Coat Drive and

See Santa

#### **OAK BROOK**

President: Elizabeth Berglund

Organized: 1973 Active Members: 60 Other Members: 10 Volunteer Hours: 5,547

Memorial and Honor Contributions: \$3,875 Contribution to Auxiliary: \$142,500 Fundraising/Special Events: Annual Baby Shower, Holiday Traditions Shop-and-Give fundraiser, "Cocktails in Candyland" Preview Party and "Mistletoe Medley" Luncheon/Fashion Show, plus Shop-and-Give and Dine-and-Give fundraisers,

Coat Drive and See Santa

#### **WHEATON**

Co-Presidents: Karen Patton and Mary Plepel

Organized: 1957 Active Members: 27 Other Members: 7 Volunteer Hours: 2,500

Memorial and Honor Contributions: \$230 Contribution to Auxiliary: \$36,000

Fundraising/Special Events: Luminaria Sale, Golf Outing, Make a Difference Day, Coat collection, Bean Soup Kits, Coat Drive, See Santa Party, Bridge Group, Dental Goodie Bags, Arrowhead Dining Fundraisers, and Planter's Palette gift certificates, Coat Drive

and See Santa



#### **CONTRIBUTORS TO THE AUXILIARY**

#### **GIFTS OVER \$30,000**

Fortune Brands Home and Security

#### **GIFTS FROM \$10,000 -\$20,000**

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Every effort has been made to ensure the accuracy of the Auxiliary Honor Roll. If you notice an error or omission, or if you would like to change how your name appears on the Honor Roll, please accept our apologies and contact Maria Penland, Auxiliary Coordinator at 773-782-5041 or PenlandM@infantwelfare.org



#### CONTRIBUTORS TO INFANT WELFARE SOCIETY OF CHICAGO

#### THE AUXILIARY OF THE INFANT WELFARE SOCIETY OF CHICAGO

To our partners in health for over 100 years: A special acknowledgement of heartfelt gratitude to the Auxiliary for the extraordinary contributions of time, talent, and vital financial support. Again this year, the Auxiliary is the single largest contributor to IWS.

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Anonymous Sidley Austin LLP

Sanofi Foundation for North America

\* denotes IWS Staff

Every effort has been made to ensure the accuracy of the Honor Roll. If you notice an error or omission, or if you would like to change how your name appears on the Honor Roll, please accept our apologies and contact Michelle Di Benedetto at 773-782-5040 or DiBenedettoM@ infantwelfare.org.

THANK YOU FOR YOUR SUPPORT!

# FINANCIAL **SUMMARY**

	2017	2016
Public Support and Revenue		
Contributions and grants:	(10,000	(74 (50
Auxiliary Individuals, corporations and United Way	610,000 378,535	674,650
Foundations	700,312	519,819
Government	527,896	543,802 596,035
Patient service revenue	5,993,339	4,814,696
Juvenile probation	877,559	891,733
Investment return designated for current operations	879,043	814,631
Miscellaneous	54,935	7,524
Net assets released from restriction	-	
TOTAL PUBLIC SUPPORT AND REVENUE	10,021,619	8,862,890
Expenses		
Program services:		
Primary health	3,873,388	3,571,113
Dental health	1,150,712	1,079,055
Other wellness services	2,496,702	2,245,288
Total program services	7,520,802	6,895,456
Supporting services:		
Management and general	2,000,237	1,749,668
Fundraising	215,990	138,901
Auxiliary support expenses	151,843	157,901
Total supporting services	2,368,070	2,046,470
TOTAL EXPENSES	9,888,872	8,941,926
Od Cl. N.A.		
Other Changes in Net Assets	022 (74	(10( 221)
Investments return not designated for current operations	923,674	(186,221)
Board-directed endowment assets designated for current operating activities	(970.042)	(01/4/21)
TOTAL CHANGES IN NET ASSETS	(879,043) \$177,378	\$(1,079,888)
TO THE CITAL VOLUMENTAL TROUBLE	Ψ177,370	\$\psi(1,077,000)
Unrestricted net assets, beginning of year	\$16,342,108	\$17,421,996
Unrestricted net assets, end of year	\$16,519,486	\$16,342,108
Assets		
Cash and cash equivalents	\$144,686	\$189,614
Accounts and other receivables (net)	1,412,433	772,064
Prepaid expenses	165,726	83,106
Investments	7,653,232	7,579,558
Property and equipment (net)	7,957,579	8,230,020
TOTAL ASSETS	\$17,333,656	\$16,854,362
Liabilities and Net Assets		
Liabilities-accounts payable and accrued expenses	814,170	512,254
Net Assets		
Unrestricted	15,573,735	15,362,245
Temporarily restricted	117,697	151,809
Permanently restricted	828,054	828,054
Total net assets	16,519,486	16,342,108
TOTAL LIABILITIES AND NET ASSETS	\$17,333,656	\$16,854,362

This summary of selected financial information is derived from the financial statements of the Infant Welfare Society of Chicago for the year ended June 30, 2017, which have been audited by Ostrow Reisin Berk & Abrams, Ltd. Copies of the audited fianical statements are available from IWS upon request. Ostrow Reisin Berk & Abrams, Ltd. has issued an unqualified opinion on the financial statements.



### **OUR MISSION**

The mission of the Infant Welfare Society of Chicago is to provide a continuum of integrated, quality, and preventive health care services to children and their families, enabling them to lead healthy and productive lives.



3600 West Fullerton Avenue • Chicago, Illinois 60647 (773) 782-2800 • www.infantwelfare.org



