



MAKING A DIFFERENCE



FOCUS ON: THE IWS CHAT PROGRAM



The CHAT Program was conceived so that our patients can continue treatment at IWS, where it is comfortable and convenient, to receive these necessary services. The model is unique and builds on our strengths of prevention, early intervention, and coordinated care.

With the CHAT program, which adds speech, occupational and vision therapies to our existing services, *we will now offer the entire spectrum of services to meet the needs of these children.* It also allows us to expand our existing services because we know they make a critical difference in the lives of our patients with special needs, including those on the autism spectrum.

IWS providers and child development specialists excel at early detection and intervention. At pediatric well-child visits, they flag concerns right away and then provide the necessary follow ups. Currently, when one of our providers recognizes the need for certain therapeutic interventions for low-income, Spanish speaking children who show developmental delays in the 3-6 age

group, we will make the referral to a partnering organization.

Often times, we encounter external waitlists of up to 2 years for these children when trying to refer them for evaluations and services. *This is far too long for children to wait.* Early detection and intervention is of the essence if we want to give these children the best possible start in life.



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WHO WILL BE SERVED?

Families with children ages 3-8. All services will be offered in Spanish and English. The program will also focus on low-income families and communities with few child development or therapeutic resources. The services included in the CHAT Program will be offered on a continuum and tailored to each child.

WHAT SERVICES WILL BE PROVIDED?

Expanded Existing Services

Parent Drop-in Support Group to address effective parenting topics and ways to enhance child development, maintain work-life balance, prevent shaken baby syndrome and improve parent self-care.

Child Psychiatry for the diagnosis and the treatment of children and adolescents experiencing issues around behaviors, moods, and thinking which may affect the entire family.

Socialization Skills Group for Children with Special Needs responds to a significant increase in the number of referrals made for children with developmental delays or those on the autism spectrum. The goal is to provide families with an opportunity to learn, practice, and transfer some of the intervention methods, activities, and strategies into their home environment.

Mental Health Counseling because when children and youth with mental health problems are treated, they fare better at home, in schools, and in their communities.

When Mrs. Martinez heard about the new CHAT program, which will expand existing counseling, psychiatry and group services and add speech, occupational and vision therapy for children with special needs, her first words were, "I wish my son could have started that program 5 years ago. He could use more help." Occupational therapy is critical to his development and he only gets about 10-15 minutes per week at school. Also, school-based interventions only deal with school related issues and seldom involve the parents. IWS therapists work with the entire family and empower parents to be part of treatment.

New Services

Speech Therapy to improve a child's impaired speech coordination muscles through strengthening and training exercises and to use sound repetition and imitation to increase their ability to communicate their thoughts, ideas and feelings.

Occupational Therapy focuses on helping children achieve independence. OT can help kids improve their cognitive, physical, and motor skills and enhance their self-esteem as well as a sense of accomplishment.

Vision Therapy also known as vision training, is used to improve skills such as

eye movement control, eye coordination, and focus—all of which are important to correct before children enter school.

BUILDING THE CHAT PROGRAM

The CHAT Center will be located on the first floor of the Angel Harvey Community Health Center. It will feature a dedicated entrance, reception area, offices and group spaces.

We are eagerly awaiting the day when we can welcome patients into this bright, accessible, and therapeutic space!

Maria has been at Infant Welfare since she was a baby. She has an autism diagnosis and comes to the clinic for child development and medical services. Her therapist has referred her to two other organizations for additional services for speech & occupational therapies. She was put on 2-month waitlists at each office and neither of them are as conveniently located or familiar to Maria as IWS. With the start of the CHAT program, Maria will be able to stay at IWS for all her services, with no gap in treatment and providers will have access to all her treatment plans and progress. Her mom is very excited for CHAT services to start.

SUPPORT THE CHAT PROGRAM!

Naming and gift opportunities are available for this program and listed below. As of press time, we've already received support from Associate Board & Team IWS supporters and the Oak Brook Auxiliary Chapter & Clarendon Hills Auxiliary Chapter for our CHAT Sensory Room. Please contact Michelle Di Benedetto at 773.782.5040 or DiBenedettoM@infantwelfare.org for more details and for a tour of the new space.

Spaces for Naming Opportunities

- CHAT Center
- Reception area
- Waiting area
- Speech Therapy Room
- Vision/Occupational Therapy Room
- Observation Room for assessments
- Group Room to hold Social Skills,
- Mother-Infant Therapy Group sessions
- Provider Office for Speech and Occupational Therapists

Other Gift Opportunities

- Vision Therapy Equipment
- Sensory Toys
- Occupational Therapy Materials
- Speech Therapy Equipment
- Equipment needed to furnish the areas
- *Partial gifts are also greatly appreciated*

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Senior Editor: Michelle Di Benedetto

Writer/Editor: Cheryl K. Beadle

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MAKING A DIFFERENCE

GREETINGS FROM IWS PRESIDENT OF THE BOARD

Dear Friends:

IWS is always abuzz!

There is excitement in the air and it's a pleasure to share the great work of the clinic with new and longtime friends alike. Here are some of the activities that help us spread the word:

- Hosting a Patient Reunion in the fall. We're looking forward to showing former patients of IWS how we're making a difference in the lives of another generation of Infant Welfare families.
- Sending a monthly email newsletter to keep you up-to-date with current happenings at IWS. Email DiBenedettoM@infantwelfare.org to start receiving it. And "like" us on Facebook too!
- Hosting our 2nd Annual Leadership Breakfast on October 7 at 8:30 a.m. for IWS Board, Auxiliary, supporters, community members and elected officials to talk about the issues that impact our patients and community. Rsvp to 773.782.2800 ext. 6040.
- Giving tours to community members, referral organizations and supporters. If you haven't been the clinic in a while, please call 773.782.5040 to plan a visit. And bring a friend!



Thank you for all of the ways that you support the health and well-being of women and children!

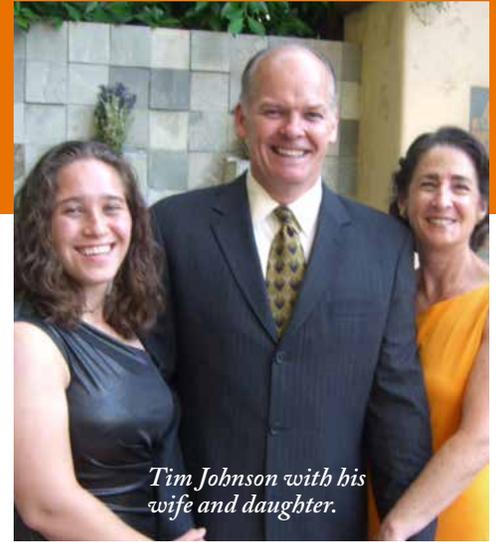
Best wishes,
Lynda K. Given
President, Board of Directors

OUR MISSION is to provide services for the healthy physical and mental development of disadvantaged children to give them a foundation for a future productive and wholesome life.

Profile: **TIM JOHNSON**

IWS BOARD MEMBER, VICE PRESIDENT,
AND CHAIRMAN OF THE INVESTMENT COMMITTEE

By Marge Tresley, Oak Brook Auxiliary Member



TIM JOHNSON calculates he has been a Director of the Infant Welfare Society of Chicago for more than half his life—an impressive fact, but not an altogether surprising one. Describing the choices he has made, both personal and professional, Tim has been deliberate and thoughtful in his decision-making. That’s one of the reasons why there are relatively few entries on his resume and why he remains resolute in his commitment to the Infant Welfare Society after over three decades of service.

Raised in Barrington, Illinois, Tim headed east for college and postgraduate studies, graduating from Princeton University with a degree in economics and Harvard Business School, from which he received an MBA. Returning to his Chicago-area roots after completing his education, Tim worked in production management, in the world’s largest folding carton factory, and finance, at Northwest Industries, before deciding to strike out on his own. He founded Bard Associates, Inc., an investment management firm, in 1982. Just 30 at the time, he admits it was a bold move, but he strongly believed the time was right. Since then, the company has grown and today serves hundreds of individual clients throughout the nation.

Tim moved to Lincoln Park in 1979 and became involved in the community. An interesting opportunity presented itself soon thereafter. Nancy Race, a family friend of the Johnsons, was a Barrington Juniors Chapter President, an Auxiliary President, and one of the first women elected to the IWS Board. She told Tim about the remarkable work being done at the Infant Welfare Society of Chicago Clinic, then located at 1931 North Halsted Street, and encouraged him to consider a position on

its Board. He accepted because it was a worthy organization providing much-needed medical services to Chicago’s underserved population. And, it was in Lincoln Park, right in his own neighborhood.

After joining the Board in 1982, Tim put his expertise to good use in the many positions he held: Chairman of the Development Committee, Treasurer, President (1986-1990), and Chairman of the Investment Committee, the position he now holds on the Board. He has also been an active participant in IWS Board/Auxiliary Galas and capital campaigns. Not surprisingly given Tim’s background, there is a strong finance orientation to the various assignments he has undertaken during his tenure on the Board. However, he says one of his favorite jobs did not involve high finance, but rather horticulture. Tim thoroughly enjoyed developing and tending the gardens on Halsted Street, which he did for many years, often with the help of long-time Auxiliary member Rosalind Hodgkins and many of our patients and their families. (Now, he tends the patio gardens at his condominium instead.)

Acknowledging the economic challenges in today’s competitive healthcare marketplace, Tim believes the clinic is well positioned to remain strong and relevant in the years to come. “We have an impressive presence in the Logan Square community, a state-of-the-art facility, a great staff, a loyal patient base, and an important mission – plus a 103-year legacy of care for our city’s women and children in need.”

Tim had retired from the Investment Committee in the mid-2000’s, but he was asked by the President to return and chair it after the Crash of 2008. Since

then, IWS’s investments have rebounded sharply, outperforming all the Ivy League endowments. As chair of the Investment Committee, Tim meets quarterly with this group of ten, comprised of both Directors and Auxiliary members. Tim says he is delighted to be working with these dedicated men and women who share his commitment to IWS and appreciates their input and support. He provides monthly reports on performance to the Committee and to the clinic’s senior management team and quarterly reports to the full Board of Directors. The Committee’s objective is to make intelligent decisions regarding IWS’s investment portfolio, helping to ensure the clinic’s long-term viability.

Tim wryly describes his life as “a study in stability.” He has held the same job for 32 years, in the same building the entire time (135 South LaSalle). He has lived in the same condo for 35 years and has been married to Valerie Wiley for 33 years. (Their daughter, Lexi, now a doctoral candidate in Art History at Stanford University, grew up there.) The same year he founded Bard Associates, he somehow carved out time in his demanding schedule for community service, joining the IWS Board of Directors, which he has served admirably for decades.

So if there is a theme here, it is one of constancy and commitment to everything Tim undertakes. Fortunately for us, that list includes the Infant Welfare Society of Chicago. True to his promise more than 30 years ago when he moved to Lincoln Park, Tim Johnson got involved in his community and made a difference in people’s lives. The clinic, the Board, and the Auxiliary thank him for his exemplary service.

Notes

FROM *the* FIELD

By Robin McGinnis, MSW
Chief Executive Officer



In our spring newsletter, I shared with you that we are working hard to stay ahead of all of the changes in the health care environment. Without a doubt, it's imperative that we understand and act on these changes to ensure the viability and vitality of Infant Welfare.

To give you an update, we continue to finalize our relationships with managed care organizations (MCO), Accountable Care Entities (ACE) and Continuity of Care Entities (CCE).

We've been invited to join Presence Health Partners (St. Mary's, one of our midwifery providers is a Presence hospital) and we're in final discussion with MyCare Chicago, a community-provider driven ACE affiliated with Lurie Children's, Swedish Convent, Norwegian American hospitals, Mercy Hospital and Medical Center, among others.

We have also joined several managed care organizations who are focusing on the transition of Medicaid recipients and we hold 'provider status' with some of our patient's private insurance through their employers.

These partnerships help to provide the foundation of our ability to provide medical services and I'm thrilled to report that they will enhance our wonderful reputation for outstanding quality of care in our medical, dental, optometry and family services departments.

In this issue, you'll read about one of our new initiatives, the Child-centered Health & Alternative Therapies (CHAT) Program. I am so proud of CHAT, because it represents the best of IWS: innovation, early intervention, prevention, and coordinated care. And above all, it embodies our commitment to the healthy physical and mental development of children and families.

Thank you for supporting IWS and the families we serve. If you'd like more information on the changing health care landscape or any of our programs, my door is always open.

What a day!

The Associate Board members spent August 9 showcasing their commitment to IWS and our patients.

BACK-TO-SCHOOL FAIR

In the morning, they hosted the ever-popular Back-to-School Fair for over 50 children! Kids played games, made crafts and a bilingual guitar player entertained families with fun songs. Importantly, each child received school supplies so they are prepared to start the school year off right.

A round of applause to the volunteers and event sponsor, Fortune Brands Home & Security, for making the event such a success!



BAGS TOSS TOURNAMENT

They capped off a fun day with an afternoon Bag Toss Tournament to raise money for Team IWS, this year's runners in the Bank of America Chicago Marathon. 50 people spent a beautiful summer afternoon playing in the tournament and supporting our runners—congrats to our winners and thanks to all our participants!

Check out iwsassociateboard.org to get information on upcoming events and "like" the Associate Board on Facebook to see more photos from the day.



A GLANCE Back



MAKING A DIFFERENCE

WAYS TO GIVE

IWS relies on you, our community of donors. Your gift—in any amount—makes an impact, and your support is key to the healthy development of children, women and families.



You can put your money to work right away by donating online at infantwelfare.org or mailing your check to 3600 West Fullerton Ave Chicago, IL 60647.

Become a Monthly or Quarterly “Dreammaker”

Your gift of \$10, \$20 or \$100 a month/quarter, charged to your credit card, provides a convenient, efficient and stable source of support! You can set up a recurring gift on our website or by phone at 773.782.5040.

Donate Stocks or Bonds

By donating appreciated property to IWS, you may receive a tax deduction for the current fair market value of the asset and avoid capital-gains tax.

Celebrate or Remember Others

Recognize or remember someone special with a gift in their name that honors their legacy and commitment to women, children and families.

Leave a Legacy – Join the Armour Heritage League

Estate planning is a powerful way to express your values and vision for the future.

- Remember IWS in your will. For sample bequest language to use when naming IWS in your will, please call 773.782.5040.
- Donate life insurance or name IWS as a beneficiary of a retirement plan.

Introduce Friends, Colleagues and Others to IWS

Your assistance in bringing new people to IWS is greatly appreciated. Or, sign up for our e-mail list and forward the messages you receive along to your friends.

If you would like to make arrangements over the phone and for more detailed information, please contact Michelle Di Benedetto, VP, Institutional Advancement at 773.782.5040.

THANK YOU!

GIFTS WRITTEN *in Stone*

Celebrate the memory of a loved one, commemorate a special occasion, or remember a friend by donating a commemorative brick to be placed at the entrance of the IWS's Angel Harvey Community Health Center.

Don't miss this special and unique opportunity to leave an enduring symbol of community support.

- \$100 - 4" x 7" standard size
- \$250 - 8" x 7" large size
- \$500 - 13" x 8" extra large size

Brick order forms are online at infantwelfare.org or can be requested by contacting Michelle Di Benedetto at DiBenedettoM@infantwelfare.org, 773-782-5040.



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3600 West Fullerton Avenue • Chicago, Illinois 60647
(773) 782-2800 • www.infantwelfare.org